

Your Skills



Your transferrable skills and personal values could make you a perfect candidate to work in disability or allied health.

Transferable skills:

Transferable skills are abilities you have developed throughout your life. These can include things like communication, team work and creativity. They are helpful every day in different areas of your life: socially, professionally and at school.

Many transferable skills are highly valued by employers in the disability and allied health sectors. Identifying and providing examples of the skills that you have developed will help show employers that you are the right person for the job.

Values Based Employment:

Your values, motivation and attitudes shape you as a person and the way you approach activities, including work. Value based employment involves selecting candidates whose own attitudes, values and behaviours align with those of the organisation and the requirements of the job.

The disability sector focuses on a person-centred approach, where a client's needs, wants and goals are the primary consideration. A unique support plan is then developed for that individual.

By focusing on your values first and qualifications second, employers can be more comfortable that you will support their person-centred approach.

You may already have the foundation skills and values to start your career in the disability sector.

Your Skills: Support Worker



Problem Solving: The different circumstances of each individual client provides ample opportunity to demonstrate your problem solving capabilities. You think outside the box, find creative solutions and positive outcomes for your clients.

Adaptable: Every client is unique and every day can be different. Your flexibility allows you to adapt to each situation, customising solutions that best fit your clients' immediate needs.

Empathetic: Your genuinely caring and empathetic nature helps you excel in a support worker role where you focus on the welfare of your clients and their lives.

Communication: Your solid communication and interpersonal skills are invaluable for successful support work. You understand, interpret and relate well with your clients and team members.

Confidence: Your motivation and self-esteem makes you a natural fit as a support worker. You bringing an energetic, encouraging and confident attitude into your client's lives, which supports and motivates them to achieve their goals, participate in the community and be as independent as they possibly can.

Your Skills: Occupational Therapy



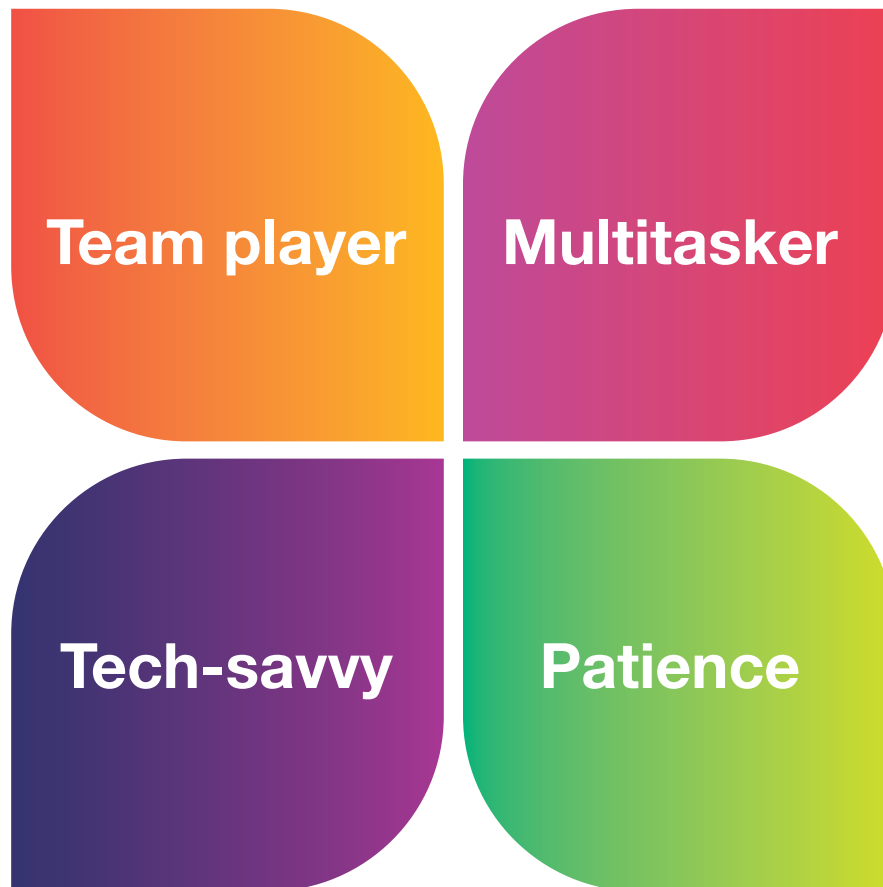
Patience: Many of your clients will be very frustrated, dealing with injuries, illnesses, and disabilities that prevent them from doing daily tasks. With your help individuals may achieve success in a few months, while some may take years. Your calm and patient nature helps you provide quality care throughout the process.

Creativity: Therapy can be a long, challenging process and is not always a simple checklist of activities. Creativity isn't something that can always be taught, but is often apart of who we are. Your ability to assess a situation and propose new, creative ways of doing things can be the basis of a unique and motivating therapy plan for your clients.

Optimism: Your optimism, upbeat and positive outlook is a wonderful trait to have and an important part of your clients' progress. Therapy can be a long process and individuals may often feel frustrated, depressed or unmotivated. Your positive approach will assist you every day to motivate your clients and ignite the passion in them to improve their lives.

Team player: Your strong interpersonal and collaboration skills, along with your flexibility help you to connect and relate to a variety of people, reassuring them of your professional and empathetic approach.

Your Skills: Teachers Aide



Team player: Your strong interpersonal and collaboration skills, along with your flexibility help you to connect and relate to a variety of people. As a teacher's aide working as part of an educational team, you foster relationships that allow you to work effectively together, resulting in positive learning experiences for your students.

Tech-savvy: Technology is now part of our everyday life having changed the way we work, live and learn. Your tech knowledge is invaluable as a teacher's aide, providing an array of engaging, fun options in assisting students to learn and grow.

Multitasker: Your ability to effortlessly do multiple things at once or switch between different activities or tasks with ease are a great skill for a teacher's aide to have. A typical day may include supporting several students to engage in classroom activities, so your ability to multitask will give you an edge in managing the different challenges you face each day.

Patience: Your patient and empathetic approach assists you every day. Many of your students have additional learning needs and your patient approach helps you to keep your students motivated and engaged. You're able to help student achieve their goals and learn in a positive and rewarding way.

Your Skills: Speech Pathologist



Compassion: Speech therapy can be an anxious or frustrating time. Your sincere desire to help and caring nature are qualities that reassure your clients that they can succeed. Your compassion is an important factor in their improvement.

Creativity: No two clients are the same and so your improvisation, creativity and adaptability are wonderful skills that allow you to recognise and create personalised plans for each individual's immediate needs and goals.

Good listener: Your active listening skills help you to understand the needs and wants of your clients, their support workers or family, giving you a better perspective on how to work effectively together to improve your clients' life.

Communication: Your strong communication skills are essential to aiding clients, but it also means you can effectively collaborate with a variety of other practitioners, support workers and family for the greater benefit of your clients.

Problem solving: Your problem solving skills and creative thinking are important attributes because not every challenge has just one solution. Capitalising on your problem solving capabilities allows you to think outside the box and navigate the different therapies and strategies that work best for each individual person.

Think about the skills and values you have, and how they can shape your career in disability support or allied health.

This booklet was produced as part of the National Disability Services (NDS), Project Momentum: an allied health and disability workforce attraction program, supported by the Tasmanian Government.

Contact

Email: ndstas@nds.org.au

Phone: 03 6212 7300

nds.org.au

National Disability Services is Australia's peak representative body for non-government disability service providers.